# The Proposed Hawaii State Plan on Aging, 2004 – 2007 (October 1, 2003 – September 30, 2007)



# **WORKING DRAFT**

Executive Office on Aging 250 S. Hotel Street Room 406 Honolulu, Hawaii 96813

# Policy Advisory Board for Elder Affairs (PABEA)

Wayne Hikida, Chair Dr. Colette Browne Richard Caldito, Sr. Warren Haight Barbara Ideta

Abe Kaahui

Shimeji Kanazawa Carol Kikkawa-Ward Harold Kozuma Fely Libre Faulkner Reverend Arthur Martin

Robert Masuda Betty Matsumura Bruce McCullough

Bobbie Onzuka-Anderson

Linda Spratt Robert Takushi Jill Tokuda Joan White

Ex-Officio Members
Annette Young-Ogata

Harold Lao Yvonne Chong Tim Walsh

Dr. Chiyome Fukino Gibby Fukutomi Jo Ann Uchida Dr. Eldon Wegner Executive Committee Wayne Hikida, Chair

Linda Spratt, First Vice Chair

Bobbie Onzuka-Anderson, Second Vice

Chair

Legislative Committee

Reverend Arthur Martin, Chair Bruce McCullough, Vice Chair

Robert Masuda Betty Matsumura Robert Takushi Eldon Wegner John Hayakawa Laura Manis

Justin Wong, Community Member

Plans and Project Review Committee Bobbie Onzuka-Anderson, Chair Dr. Colette Browne, Vice Chair

Yvonne Chong Warren Haight Abe Kaahui Harold Kozuma Fely Libre Faulkner

Tim Walsh

Tom Smyth, Community Member

Recognition and Awards Committee

Linda Spratt, Chair Richard Caldito Gibby Fukutomi Barbara Ideta Shimeji Kanazawa

Jill Tokuda

Shizuko Mukaida, Community Member

Insert Photo

# Message from the Chair, PABEA

It is with great pleasure that I acknowledge the members of the Policy Advisory Board for Elder Affairs (PABEA) for their commitment, dedication, and time in moving the aging agenda forward. Members, who serve in a voluntary capacity, have worked hard over the years in three standing committees: Legislative, Plans and Project Review, and Awards and Recognition. Their broad-based collective experience and expertise have played a significant role in legislative action, program and project planning, and the development of the Hawaii State Plan on Aging. I thank all of PABEA for their civic contributions in improving the lives of Hawaii's older adults and their families.

The Hawaii State Plan on Aging is a blueprint for action over the next four years. With PABEA, the Aging Network, public and private sectors, and the community working together to implement the state plan, we move closer to assuring the well-being of Hawaii's aging society.

Wayne Hikida Chair, Policy Advisory Board for Elder Affairs Insert Photo

## Message from the Director

The Executive Office on Aging is pleased to present the State Plan on Aging for the years 2004 through 2007. The goals and objectives contained in this Plan reflect the changing profile of Hawaii's older citizens and the communities in which they live. There do remain, however, some constant needs such as information to make informed decisions, the tools and the means to access aging programs and services across language barriers and geographic distances, and ongoing expansion of in-home and community-based services.

The Older Americans Act acknowledges needs that have not changed since the federal program began almost forty years ago. The 2000 amendments to the Older Americans Act also direct the States to strengthen the capacity of family and community caregivers. Hawaii is fortunate to continue to receive this major source of funding help, as local resources have changed and diminished since the last State Plan on Aging was approved.

The Hawaii State Plan on Aging represents program and services decisions that are based on the best information available about Hawaii's adults 60 years and older and about the unique communities they reside in. The State Plan captures information from Hawaii's citizens through public hearings and surveys, reviews by State and County advisory committees, and lengthy discussions among staff of the Executive Office on Aging and Hawaii's Area Agencies on Aging. The Plan is not only a statement of need for federal assistance; it is a living portrait of the issues and resources most critical to older adults in the State of Hawaii.

Patricia Sasaki Director

### **EXECUTIVE SUMMARY**

The *Hawaii State Plan on Aging (2004-2007)* is a planning and compliance document submitted by the Executive Office on Aging (EOA) to the U.S. Administration on Aging, Department of Health and Human Services. The plan describes the strategies that will be taken over the four years to develop comprehensive and coordinated systems of services for older adults and their caregivers. It is based upon initiatives of the EOA and the area plans of the four Area Agencies on Aging in the State.

Hawaii's older adult population continues to grow in numbers and proportion. Between 1970 and 2000, the number of elders increased by 207 percent while the total population increased by 57 percent. Today, the older adult population represents 17 percent of the total population, by the year 2020, older adults will represent 25 percent of the population. Hawaii's older adults represent a rapidly growing segment of the total population. The growth in numbers and proportion has implications for individuals, families, and the larger community. This also has a significant impact upon the existing systems of services for older adults and their caregivers.

EOA and AAA listened to the voices of individuals and communities and collectively agreed to pursue five broad goals:

- Older adults make informed decisions through accurate information
- Older adults are able to live independently in their homes for as long as possible.
- Family caregivers have supportive programs and services that address their needs to enable them to continue giving care.
- Older adults and family members are informed of elder rights and benefits.
- Public and private sectors and the community work together to address existing and emerging issues.

The issues and concerns of Hawaii's aging society continue to grow. EOA and AAA acknowledge they cannot address all of these issues alone. Only through partnerships and collaboration with the public and private sector and broader community will these issues be addressed. EOA and AAA see opportunities to work together to systematically address existing and emerging issues.

# **TABLE OF CONTENTS**

Policy Advisory Board for Elder Affairs  Message from the Chair, PABEA		ii
		iii
Message from the Director		iv
Executive Summary		V
Table of Contents		vi
Verification of Intent		vii
Introduction		viii
1.	The Planning Process	X
2.	Hawaii's Aging Population	II-1
	a. Population Profile	II-2
	b. Unmet Needs	II-18
	c. Concern for Tomorrow	II-27
	d. Issues and Areas of Concern	II-29
3.	Hawaii's Aging Network	III-1
4.	Strategies for Action	IV-1
	a. Goals	IV-1
	b. Objectives	IV-2
	c. Targeting (Next Four Years and Previous Year)	IV-18
5.	Expenditure Plan	V-1
	a. Existing and Approved Intra-state Funding Formula	V-2
	b. Title III Allotment and Allocations to PSA: 2004	V-25
	c. Allocation Plan	V-26
	d. Previous Year Expenditures for Priority Services	V-31
	e. Minimum Percentages	V-32
	f. Additional Costs of Providing Services to	
	Older Individuals in Rural Areas	V-33
6.	Assurances	VI-1
7.	Glossary	VI-9
Apper	ndix	
A.	Prioritization of Services for Funding, By Area Agencies on Aging	A-1
	Objectives, by Area Agencies on Aging	B-1
	National Family Caregiver Support Program	C-1

### **VERIFICATION OF INTENT**

The Executive Office on Aging hereby submits the Hawaii State Plan on Aging for the period October 1, 2003 – September 30, 2007. The Executive Office on Aging has been given the authority to develop and administer the State Plan on Aging in accordance with all requirements of the Older Americans Act, as amended in 2000, and is primarily responsible for the coordination of all State activities related to the purposes of the Act. The plan charts the direction over the next four years and includes the development of comprehensive and coordinated systems for the delivery of supportive services, including multipurpose senior centers and nutrition services, and for serving as an effective and visible advocate for the older adults in the State.

This plan is hereby approved by the Governor and constitutes authorization to proceed with activities under the plan upon approval by the U.S. Assistant Secretary for Aging, Administration on Aging.

The plan, as submitted, has been developed in accordance with all Federal statutory and regulatory requirements.

Patricia Sasaki
Director
Executive Office on Aging
State of Hawaii

I hereby approve this State Plan on Aging and submit it to the Assistant Secretary for Aging for approval.

Date

Linda Lingle
Governor

State of Hawaii

### INTRODUCTION

The Executive Office on Aging (EOA) is submitting this *Hawaii State Plan on Aging* to the U.S. Administration on Aging for approval. This plan responds to the requirements of the Older Americans Act (OAA), as amended in 2000. Once the plan is approved by the U.S. Assistant Secretary for Aging, the State of Hawaii will receive grants from allotments under Title III and VII of the OAA.

The purpose of the plan is to set the direction for the years 2004 - 2007 in order to:

- Secure and maintain maximum independence and dignity in a home environment for older individuals capable of self care with appropriate supportive services
- Remove individual's and social barriers to economic and personal independence for older individuals
- Provide a continuum of care for vulnerable older individuals; and
- Secure the opportunity for older individuals to receive managed in home and community based long term care services.

There are six parts to this plan. Part 1 provides a review of the planning processes taken to develop this plan.

Part 2 (Hawaii's Aging Population) describes Hawaii's older adult population. It provides a population profile, summary of unmet service needs, description of residents' concern for tomorrow, and an overall summary of issues and concerns.

Part 3 (Hawaii's Aging Network) summarizes the Aging Network in Hawaii and includes community resources and assets that are available to older adults and their caregivers.

Part 4 (Strategies for Action) presents the approaches that will be taken over the next few years to address major issues of an aging society.

Part 5 (Expenditure Plan) provides a resource allocation plan and the State's intrastate funding formula for the distribution of funds received under the OAA, as amended.

Part 6 (Assurances) lists the assurances made by the State of Hawaii as specified by OAA, as amended.

Part 7 (Glossary) provides program, service, activity, facility, special population, ethnic group and other definitions.

Appendix A (Prioritization of Services for Funding, By Area Agencies on Aging) shows the prioritization process.

Appendix B (Objectives, by Area Agencies on Aging) lists the various AAA objectives.

Appendix C (National Family Caregiver Support Program) is a review of how the NFCSP will be implemented by AAA.

### PLANNING PROCESS

In order to be eligible for grants from allotments from Title III and VII of the OAA, EOA is required to submit to the U.S. Assistant Secretary for Aging a State plan that meets the criteria as regulations prescribe. EOA must comply with the provisions of the OAA and require each Area Agency on Aging (AAA) to develop and submit to the State agency for approval, in accordance with a uniform format developed by EOA, an area plan meeting the requirements of Section 306 of the OAA. The State plan is based on the area plans.

EOA initiated the planning process in November 2001 by bringing together the AAA planners. This meeting began a series of *Planners Meetings* to prepare and develop the area and state plans.

The *Planners Meetings* were dedicated to information sharing and co-learning. EOA provided background information on the requirements of the OAA, as amended, and reviewed the uniform area plan guidelines and format. EOA also provided information on needs assessment and made available Census 2000 data to planners.

Planners were encouraged to learn from one other. They shared information on data collection practices and grassroots planning approaches.

Over a five-month period beginning in May 2002, EOA facilitated discussions with AAA planners to review the major issues of Hawaii's aging society and to collectively set the course of action for the next four years. EOA and AAA identified and agreed upon five major issue areas:

- Information to make informed decisions
- Programs and services to enable older adults to live at home
- Services for caregivers to continue providing care
- Information on elder rights and benefits
- Address existing and emerging issues.

The EOA and AAA agreed to pursue five goals relating to the issues:

- Older adults make informed decisions through accurate information.
- Older adults are able to live independently in their homes for as long as possible.
- Family caregivers have supportive programs and services that address their needs to enable them to continue giving care.
- Older adults and family members are informed of elder rights and benefits.
- Public and private sectors and the community work together to address existing and emerging issues.

Local Planning: Once the planning framework was established, the AAA proceeded to develop their local area plans. Although the AAA applied different grassroots planning strategies, each plan was developed to incorporate the communities' voices, values, and cultures. All AAA made assurances that preferences for service provision would be given to older individuals with greatest economic need, greatest social need, with particular attention to low income minorities, and older adults residing in rural areas. Each AAA held public hearings to enable the public to share their perspectives on the proposed plan. The proposed plans were then submitted to the respective Mayor's Office for review and approval.

State Planning: EOA and the Plans and Project Review Committee (PPRC) of the Policy Advisory Board of Elder Affairs (PABEA) reviewed and commented on the local plans. The AAA plans served as the basis for the development of the state plan. With advise from the PPRC and PABEA, EOA developed the proposed state plan and sought public comments by conducting six public meetings across the state. The public was invited to submit testimonies in writing or by participating in one of the six public meetings. (Public meetings were held in Hilo, Kona, Lihue, Kahului, Waipahu and Honolulu). The PPRC and PABEA reviewed the public testimonies and advised EOA on the development of the final plan that was later submitted to the Governor's Office for review and approval. EOA then submits the plan to the AoA for approval.

Evaluation: On an annual basis, EOA conducts evaluations of activities and projects carried out in the State under titles III and VII, including evaluations on the effectiveness of services provided to individuals with greatest economic need, greatest social need, with particular attention to low-income minority individuals and older individuals residing in rural areas. EOA will make reports, in such form, and containing such information, as the Assistant Secretary may require, and comply with such requirements as the Assistant Secretary may impose to insure the correctness of such reports. This includes submitting an annual State Program Report, National Family Caregiver Support Program Report, and Long Term Care Ombudsman Report.